



# The International Society of Exercise and Immunology

## 10<sup>th</sup> ISEI SYMPOSIUM - FINAL PROGRAMME

*Exercise and Immunity in Athletic Performance and a Healthy Life*

**St Catherine's College, University of Oxford, Oxford, UK**

**July 11-13, 2011**

### **Sunday, 10 July**

**Arrival of most symposium delegates**

15:00 – 18:30      **Registration (at St Catherine's lodge)**

18:00 – 20:00      ***Reception at Natural History Museum*** - followed by informal social activities

### **Monday, 11 July**

**08:00 – 09:00**      ***Breakfast***

08:00 – 09:00      **Registration and poster mounting for Poster session A**

09:00 – 09:20      **OPENING OF THE SYMPOSIUM**

Welcome & Introductions: ISEI President, Local Hosts

09:20 – 10:30      **SESSION 1: Presidential Symposium: The genetics of exercise and immunology**  
*Speakers: Dan Cooper (USA), Paul Foster (AUS)*  
*Chair: Maree Gleeson (AUS)*

**10:30 – 11:00**      ***Tea/Coffee break***

11:00 – 13:00      **SESSION 2: Exercise, Metabolism and Inflammation**  
*Speakers: Bente Pedersen (DK), Brian McFarlin (USA)*  
**3 free oral communications**  
*Chair: Myra Nimmo (UK) / Inga Jonsdottir (ICE)*

**13:00 – 14:00**      ***Lunch***

14:00 – 15:30      **SESSION 3: Exercise and the Intestinal Microbiota: Function and Immunity**  
*Speaker: Rob Knight (USA)*  
**3 free oral communications**  
*Chair: Monika Fleshner (USA) / Mike Gleeson (UK)*

**15:30 – 16:00**      ***Tea/Coffee break***

16:00 – 17:00      **SESSION 3: Exercise and Neural Inflammatory Diseases**  
*Speaker: Marina Lynch (IRE)*  
**1 free oral communication**  
*Chair: Eduardo Ortega (ESP) / Laurie Hoffman-Goetz (CAN)*

17:00 – 18:30      **SESSION 5: Poster session A (including judging)**

**19:00 – 20:00**      ***Dinner followed by social activities***

## Tuesday, 12 July

08:00 – 09:00	<i>Breakfast</i>
08:00 – 09:00	<b>Registration and poster mounting for Poster session B</b>
09:00 – 10:30	<b>SESSION 6: Exercise and Health: Disease Prevention and Treatment</b> <i>Speaker: Jeff Woods (USA)</i> <b>3 free oral communications</b> <i>Chair: Bente Pedersen (DK) / Lettie Bishop (UK)</i>
10:30 – 11:00	<i>Tea/Coffee break</i>
11:00 – 13:00	<b>SESSION 7: Immunodepression and Intense Exercise: Evidence and Strategies for Prevention</b> <i>Speakers: Stephane Bermon (MON), Philip Calder (UK)</i> <b>3 free oral communications</b> <i>Chair: David Nieman (USA) / Lindy Castell (UK)</i>
13:00 – 14:00	<i>Lunch</i> <i>(ISEI Board meeting)</i>
14:00 – 15:30	<b>SESSION 8: Immunological Impact of Exercise and the Stress Response</b> <i>Speakers: Victoria Burns (UK), Monika Fleshner (USA)</i> <b>1 free oral communication</b> <i>Chair: Jos Bosch (UK) / Neil Walsh (UK)</i>
15:30 – 16:00	<i>Tea/Coffee break</i>
16:00 – 17:00	<b>SESSION 9: Technical Advances and Novel Approaches in Immune Assessment</b> <i>Speaker: Ruud Albers (NET)</i> <b>1 free oral communication</b> <i>Chair: Hinnak Northoff (GER) / Jeff Woods (USA)</i>
17:00 – 18:30	<b>SESSION 10: Poster session B (including judging)</b>
19:30 – 20:00	<i>Reception (pre-dinner drinks)</i>
20:00 – 22:00	<b>Symposium Banquet</b>

## Wednesday, 13 July

08:00 – 09:00	<i>Breakfast</i>
09:00 – 10:30	<b>SESSION 11: Age and Gender Issues in Exercise Immunology</b> <i>Speaker: Janet Lord (UK)</i> <i>Chair: Mike Gleeson (UK) / Lindy Castell (UK)</i> <b>3 free oral communications</b>
10:30 – 11:00	<i>Tea/Coffee break</i>

11:00 – 12:00

**SESSION 12: ISEI Members Meeting** (*Chair: Maree Gleeson*)  
*Information about ISEI, ISEI 2013 and President Elect introduction (Maree Gleeson)*  
*ISEI Position Statements (Neil Walsh)*

12:00 – 12:30

**CLOSING OF THE SYMPOSIUM**  
*Early Career Researcher Awards; Introduction and handover to new President (Maree Gleeson);*  
*Future directions (Monika Fleshner)*